

To: Jan Pruitt, National Celiac Association San Diego President
From: Anna Bradley, National Celiac Association San Diego Secretary
Re: 8/13/17 Support Group Picnic Notes

Jan Pruitt shared that we are ~seventy-five percent of the way toward becoming a NCA Chapter. Our group recently officially became a California nonprofit corporation in preparation to become an NCA chapter: National Celiac Association San Diego. Also our events are now covered by NCA's national insurance. Our next event will be on November 5, but, the time and place are TBA. Details will be on our website. It will be posted on our chapter's glutenfreesandiego.org website as soon as we know.

Check our new website for support group information and news, as we no longer have a newsletter. Julie Bradley shared that the website covers a variety of information with videos geared toward kids and adults, including videos from Dr. Wolosin and our Thriving Gluten-Free Event, upcoming events, links to CeliacNow.org, the Celiac Listserv, and links to GlutenFreeWatchDog.org.

Today we watched a new video from Tricia Thompson, RDN, who runs the [GlutenFreeWatchDog](http://GlutenFreeWatchDog.org) channel on YouTube related to her concerns that the FDA is not enforcing the gluten-free labeling law. Two products that were labeled gluten-free but had wheat containing ingredients listed were highlighted in the video. There are even more examples of gluten-free misbranding cited on the glutenfreewatchdog.org website.

Anna Bradley shared a portion on her Girl Scout Gold project today by sharing a video she made about how she packs for and eats at Disneyland. This video will be posted, along with ~eighty other videos made by kids and teens aged 7-17 that must follow a strict gluten-free diet, on the Boston Children's Hospital Celiac Kids Real Talk website. Membership can be requested online to join the Boston Children's Hospital support group and view the entire set of these new videos and includes their quarterly newsletter. This costs \$35/year.

Overall, it was a beautiful day at the picnic with 28 people (includes adults and children) in attendance. We had pizza and desserts from 2Good2B, Healthy Creations sandwich wraps, Michele made delicious desserts, Julie made brownies. Milton's Craft Bakers donated gluten free crackers and bags for our guests to take the crackers home. The kids had fun getting candy and toys from a piñata, playing at the park, and swimming in the pool. Thank you to everyone who helped out at our annual picnic!